

INSPECTION REPORT

PERFECTBODY CLASSIC



OCTOBER 15TH, 2023 - BUDAPEST, HUNGARY



WELCOME MESSAGE

HBPF (Hungarian Bodybuilding and Physique Sports Federation) is proud to host this international bodybuilding and fitness championship in the city of Budapest, Hungary. The organizing committee of the championship wishes to extend a warm welcome to all member countries of the WBPF (World Bodybuilding and Physique Sports Federation).

Dear Delegates, Athletes and Bodybuilding and Physique Sports Enthusiasts,

We wish to extend our great pleasure and warm welcome to our guests of the Perfectbody Classic in the city of Budapest. This outstanding international event is being organized for the second time.

We assure you that during your visit, we will do our utmost best to make your stay comfortable, memorable and entertaining and make these championships a great success.

We welcome all WBPF/EBPF officials, all participants, delegates, guests and supporters and wish everybody an enjoyable stay in our country.

Sincerely yours,

The Organizing Team of Perfectbody Classic



Tamas VLADAR
HBPF President



Andrea GERGELY
HBPF Secretary General



Balazs FEKETE
HBPF Vice-President



Endre KRISTO
HBPF Vice-President



AIRPORT

Budapest Ferenc Liszt International Airport (IATA: BUD), formerly known as Budapest Ferihegy International Airport and still commonly called just Ferihegy, is the international airport serving the Hungarian capital city of Budapest, and by far the largest of the country's four commercial airports. The airport is located 16 kilometres (9.9 mi) southeast of the center of Budapest (bordering Pest county) and was renamed in 2011 in honour of the most famous Hungarian composer Franz Liszt (Liszt Ferenc, in Hungarian) on the occasion of the 200th anniversary of his birth. The official taxi company of Budapest Ferenc Liszt International Airport is “Főtaxi”.



HOST CITY



Budapest is the capital of Hungary and the largest in East-Central Europe. Cited as one of the most beautiful cities in Europe, its extensive World Heritage Site includes the banks of the Danube, the Buda Castle Quarter, Heroes' Square and the Millennium Underground Railway, the second oldest in the world. Other highlights include a total of 80 geothermal springs, the world's largest thermal water cave system, and third largest Parliament building.

Most popular attractions: **House of Parliament:** The governing powers of Hungary are housed in the third largest parliament building in the world. A competition was held to find a suitable design for the building and it was won by Imre Steindl who completed the building in 1904. His design was inspired by the English House of Parliament. The building incorporates Gothic Revival elements and has turrets and towers but also has Renaissance and Baroque elements like the massive central dome. The Hungarian parliament has a Lower and Upper House; the Lower House is in the northern wing and the Upper House in the southern wing. They are joined by



the Dome Hall. The northern wing also houses the Prime Minister's offices and the southern wing houses the offices of the President of the Hungarian Republic.

St Stephens Basilica: One of Budapest's greatest landmarks is this beautiful church which stands on the Pest side of the city. The church construction was completed in 1906 having taken 50 years to build. The church is named after King Stephan (975-1038), the first king of Hungary. The church holds many exquisite frescoes, mosaics, statues and beautiful altar pieces. It is possible to take a tour of the church, visit the church for free and visit the Treasury and tower for a fee. From the top of the tower, there are spectacular views across the city. In the Szent Jobb Kapolna Chapel on the left of the church is the mummified hand of St. Stephen called the Holy Right.

Buda Castle District: The UNESCO World Heritage Committee has listed the view of the Danube embankments and the Buda Castle District - which is one of the most beautiful and romantic parts of the city of Budapest - as a World Heritage site on the 11th of December, 1987. The former Royal Palace and its supply buildings are an organic but separate part of the Castle District. Some of today's most important cultural institutions, such as the Budapest History Museum (Wing E, southern end of the building), as well as the Hungarian National Gallery (Wings A-B-C-D) and the Hungarian National Library, named after the founder Ferenc Széchenyi (Wing F) have moved to the Royal Palace. The formal residence of the Prime Minister, the Alexander Palace, is the President's Residence and home today.



The most visited site is Trinity Square, dominated by one of Budapest's most characteristic building, the **Mathias Church**, which is over 700 years old. The church itself is almost of the same age as the Royal Palace, and gave home to many coronation ceremonies. Many kings and emperors left their mark on the church, even before the Turkish occupation, when the church was converted into a mosque and its walls whitewashed. Inside lie in their sarcophaguses King Béla the 3rd and his Queen; many visitors also visit the church for its vast ecclesiastical collection. Today's version of the church was finalized at the turn of the 19th century, when several smaller buildings were annexed to it and it was renovated in the Neo-Gothic style. It gives home to a great many concerts, due to its excellent acoustic properties. The Gothic tower of the Mathias Church, with the Fishermen's Bastion in the background, is one of the most frequently photographed tourist sites in Hungary.



The **Heroes' square** is one of the most visited sights of the Hungarian capital is situated in front of the **City Park**, at the end of the Andrassy Avenue, one of the most important streets of Budapest, a World Heritage site. The millenial monument was built in 1896 to commemorate the 1000th anniversary of the arrival of Hungarians in the Carpathian Basin. The niches are decorated by the statues of kings, governors and famous characters of the Hungarian history. In the middle of Heroes' square stands a 36 metres high corinthian column with the statue of Archangel Gabriel on the top, the symbol of the Roman Catholic religion. At the pedestal the equestrian statues commemorate



Árpád and the seven chieftains of the Hungarian tribes, who settled their people in the present territory of Hungary. His descendants formed the Hungarian royal dynasty. At the two sides the representative buildings of the **Museum of Fine Arts** and the **Art Gallery** both worth a visit.

VENUE SITE (ANGYALFOLDI SPORTS CENTER)

ANGYALFÖLDI SPORTKÖZPONT (Address: 1139 Budapest, Rozsnyay street 4)





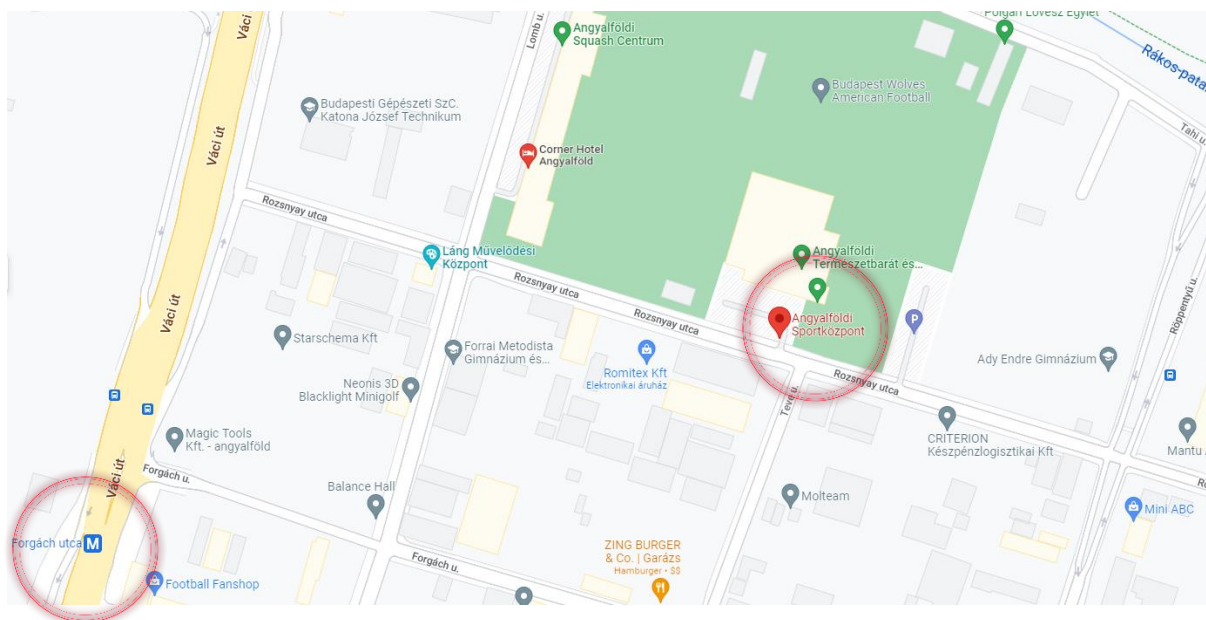
RECOMMENDED ACCOMODITION

PREMIUM APARTMENT HOUSE**** (Address: 1139 Budapest, Országbíró street 44-46.)

The Premium Apartments is situated a 10-minute bus ride from the centre of Budapest and from the Western Railway Station. Free internet access is available. The fully equipped apartments have American-style kitchens and balconies as well as free internet access. Some of them are air-conditioned. Buffet breakfast is available and you can order food á la carte in the restaurant. In the Premium Café you can find coffee and cappuccino specialities, soft drinks, cakes and strudels.

IMPORTANT NOTICE!

-  The hotel accommodation must be arranged **INDIVIDUALLY!**
-  Shuttle service is **NOT PROVIDED** by official hotel to the competition venue and back!



REGISTRATION FEE

Each athlete must pay the registration fee of Perfectbody Classic to the organizing committee.

Registration fee: 100 EUR (1st category) & 50 EUR (additional categories)

If you want to bring a helper or family member with you to the backstage, you must buy a ticket, which entitles them to do so.

Backstage ticket: 20 EUR (free for 1 team manager or coach per country)

This fee will be collected at the time of official weigh-in & registration by the Organizing Committee. Only cash payments in EUR or HUF will be accepted for registration fees.

DISCIPLINES and CATEGORIES (tentative): Total twenty-eight (28) categories

FITNESS PHYSIQUE	WOMEN	Senior	one open
MODEL PHYSIQUE	WOMEN	Junior (up to 23 yrs)	one open
		Senior	up to and 160 cm
			up to and 165 cm
			up to and 170 cm
			over 170 cm
		Lady	over 30 yrs: one open
			over 40 yrs: one open
SPORT PHYSIQUE	MEN	Senior	up to and 175 cm
			over 175 cm
		Gentleman	over 35 yrs: one open
	WOMEN	Senior	up to and 165 cm
			over 165 cm
WELLNESS PHYSIQUE	WOMEN	Senior	up to and 165 cm
			over 165 cm
ATHLETIC PHYSIQUE	MEN	Senior	up to and 178cm
			over 178 cm
	WOMEN	Senior	up to and 165 cm
			over 165 cm
CLASSIC PHYSIQUE	MEN	Senior	up to and 178cm
			over 178 cm
MUSCULAR PHYSIQUE	WOMEN	Senior	one open
BODYBUILDING	MEN	Senior	up to and 80 kg
			up to and 90 kg
			up to and 100 kg
			over 100 kg





		Master	40-50 yrs: up to and 80 kg
			40-50 yrs: over 80 kg
			over 50 yrs: one open

WEIGHT-IN AND REGISTRATION

Weigh-In and registration will take place at the Conference room of the Corner Hotel Angyalföld, on October 14th, 2023 between 18:00-19:00 hrs.

It is the responsibility of the athletes to be on time for the Weigh-In and Registration. If an athlete is late for the Weigh-in and Registration, that athlete will be disqualified.

IMPORTANT NOTICE!

-  Each athlete must bring his/her ID / passport and posing music (Women's Fitness, Men's Athletic Physique and Men's Bodybuilding athletes!) to the weigh-in and registration, failing this the athlete must pose to the music played by the organizers.
-  No G-String bikinis are allowed. An athlete must comply with specification sheet attached and they must produce their bikinis for verification and approval for the competition at the Weigh-In area.

BACKSTAGE ACCESS / DRESSING ROOM ACCESS

Access to the backstage and/or dressing room is areas shall be strictly limited only those who have registered and purchased the backstage access tickets.

TANNING & EXTRA SERVICES

We are happy to be there to help you to have the perfect colour! The athletes can meet with the representative of Pro Tan Europe at the registration to ask for more information about tanning procedure. You will be able to buy products as well with special sale prices!

BOOK YOUR APPOINTMENT: <https://www.protan-europe.com/book-your-tan/395?l=>

Some useful advices:

- DON'T USE deodorant / anti-perspiration sprays and lotion products in the morning of the tanning. The skin will not take in the colour properly.
- WATCH OUT for the method of your depilation. Do not bruise your upper skin.
- DO USE skin peeling product (Get Buffed) starting with the last 2-3 days to get rid of the „dead skin“. So you can avoid dotty and dirty-looking skin after tanning.

SPECIAL SERVICES & PRICES:

-  Tanning: 70 EUR
-  Make up: 50 EUR
-  Hair Dresser: 25 EUR



THE USE OF DREAM TAN TANNING IS STRICTLY PROHIBITED!

APPLICATION DEADLINE

Application deadline for the championship: October 10th, 2023.

OVERALL CHAMPION PRIZE MONEY

WOMEN'S:

Model Physique:	1 st place: \$ 1.500
	2 nd place: \$ 1.000
	3 rd place: \$ 500
Sport Physique:	1 st place: \$ 750
	2 nd place: \$ 500
	3 rd place: \$ 250
Fitness Physique:	1 st place: \$ 500 (category winner)
Wellness Physique:	1 st place: \$ 750
	2 nd place: \$ 500
Athletic Physique:	1 st place: \$ 750
	2 nd place: \$ 500
Muscular Physique:	1 st place: \$ 500 (category winner)

MEN'S:

Sport Physique:	1 st place: \$ 750
	2 nd place: \$ 500
	3 rd place: \$ 250
Athletic Physique:	1 st place: \$ 750
	2 nd place: \$ 500
	3 rd place: \$ 250
Classic Physique:	1 st place: \$ 750
	2 nd place: \$ 500
	3 rd place: \$ 250
Men's Bodybuilding:	1 st place: \$ 2.000
	2 nd place: \$ 1.000
	3 rd place: \$ 500

MEN'S ATHLETIC PHYSIQUE & MEN'S CLASSIC PHYSIQUE WEIGHT AND HEIGHT RATIO

Dear Men's Athletic Physique and Men's Classic Physique athletes, please note that the height and weight ratio calculation is different by HBPF federation. You must comply with this during the Weight-In!



Weight and Height ratio MEN'S ATHLETIC PHYSIQUE		
CM	KG	
210 cm	122 kg	-100/+12kg
209 cm	121 kg	
208 cm	120 kg	
207 cm	119 kg	
206 cm	118 kg	
205 cm	117 kg	
204 cm	116 kg	
203 cm	115 kg	
202 cm	114 kg	
201 cm	113 kg	
200 cm	112 kg	
199 cm	111 kg	
198 cm	110 kg	
197 cm	109 kg	
196 cm	108 kg	
195 cm	107 kg	
194 cm	106 kg	
193 cm	105 kg	
192 cm	104 kg	
191 cm	103 kg	
190 cm	102 kg	
189 cm	101 kg	-100/+10kg
188 cm	100 kg	
187 cm	99 kg	
186 cm	98 kg	
185 cm	97 kg	
184 cm	96 kg	
183 cm	95 kg	
182 cm	92 kg	
181 cm	91 kg	-100/+8kg
180 cm	90 kg	
179 cm	89 kg	
178 cm	88 kg	
177 cm	87 kg	
176 cm	86 kg	
175 cm	83 kg	
174 cm	82 kg	
173 cm	81 kg	-100/+6kg
172 cm	80 kg	
171 cm	79 kg	
170 cm	78 kg	
169 cm	77 kg	
168 cm	76 kg	
167 cm	73 kg	
166 cm	72 kg	
165 cm	71 kg	
164 cm	70 kg	
163 cm	69 kg	
162 cm	68 kg	
161 cm	67 kg	
160 cm	66 kg	

Weight and Height ratio MEN'S CLASSIC PHYSIQUE	
CM	KG
210 cm	125 kg
209 cm	
208 cm	
207 cm	
206 cm	
205 cm	
204 cm	
203 cm	
202 cm	
201 cm	
200 cm	
199 cm	121 kg
198 cm	
197 cm	118 kg
196 cm	
195 cm	114 kg
194 cm	
193 cm	
192 cm	111 kg
191 cm	
190 cm	108 kg
189 cm	
188 cm	
187 cm	104 kg
186 cm	
185 cm	
184 cm	100 kg
183 cm	
182 cm	96 kg
181 cm	
180 cm	
179 cm	93 kg
178 cm	
177 cm	89 kg
176 cm	
175 cm	
174 cm	86 kg
173 cm	
172 cm	83 kg
171 cm	
170 cm	
169 cm	79 kg
168 cm	
167 cm	77 kg
166 cm	
165 cm	
164 cm	75 kg
163 cm	
162 cm	73 kg
161 cm	
160 cm	



ATHLETES WITHOUT DELEGATES

All athletes competing at Perfectbody Classic must be members in good standing of their National Federations. Any athlete who arrives without a WBPF delegate must carry an Official Letter of Authorization of Participation from his/her National Federation, failing which the athletes will not be eligible to participate.

POSING MUSIC

Posing music must be on flash drive and produced with good quality. The music should be cued from the start of the flash drive.

THE USE OF PROFANE, VULGAR OR OFFENSIVE LANGUAGE IN POSING MUSIC IS PROHIBITED!

VISA

Hungary is a Member of EU. Please consult to the Hungarian Embassy in your country to determine if you need a visa. Upon a request an official invitation letter shall be issued and signed by the HBPF. Please note, that the visa administration process can take 3-4 weeks. If you need help for visa administration, please send the scanned copy of your passport to HBPF and please ensure that it is more than 3-6 months valid.

Last minute request will not be entertained by the organising committee!

CAMERA / VIDEO TAPE EQUIPMENT

Camera and/or video tape equipment shall be strictly prohibited in the backstage and/or dressing room areas except when used by the WBPF authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.

ADDRESS / CONTACT OF THE ORGANIZING COMMITTEE

HBPF
1044 Budapest
Ungvári street 15.
HUNGARY
E-mail: info@hbpf.hu

ATTACHMENTS

Official Invitation Letter
Entry Form
Perfectbody Classic poster

